



PRAKTISI COACHING

Syllabus



Learning Objectives



LSP LKP ANSHANA
COACHING INDONESIA

Setelah mengikuti program Praktisi Coaching ini peserta mampu melakukan sesi Coaching di area aktivitasnya dan siap untuk Uji Kompetensi sesuai Skema Coaching

Training Hours

16 Training Hours, terdiri dari:

- 12 jam in Class Training
- 4 jam Coaching Practice

Syllabus Day 1

Module	Topic	Duration	Methodology
Coaching's Overview	<ul style="list-style-type: none">Sejarah coaching, pengertian coaching, perbedaannya dengan pendekatan lainnya	<ul style="list-style-type: none">1 jam	<ul style="list-style-type: none">Interactive Presentation, Question & Answer (Q/A)
Alur Coaching	<ul style="list-style-type: none">GROW Model	<ul style="list-style-type: none">1 jam	<ul style="list-style-type: none">Interactive Presentation, Q/A
Unit Kompetensi 1: Menata Dasar Pelaksanaan	<ul style="list-style-type: none">Menerapkan Panduan Etika & Standar Profesional ICFMembuat Kesepakatan Coaching	<ul style="list-style-type: none">2 jam	<ul style="list-style-type: none">Interactive Presentation, Q/ACoaching Practice 1
Unit Kompetensi 2: Melakukan Komunikasi Efektif	<ul style="list-style-type: none">Mendengarkan AktifMengajukan Pertanyaan BerbobotMelakukan Komunikasi dengan Lugas	<ul style="list-style-type: none">4 jam	<ul style="list-style-type: none">Interactive Presentation, Q/A & Coaching Practice 2

Syllabus Day 2

Module	Topic	Duration	Methodology
Unit Kompetensi 3: Membina Hubungan Kemitraan	<ul style="list-style-type: none">• Membangun Hubungan Kepercayaan & Keakraban• Menunjukkan Kehadiran Penuh & Utuh	<ul style="list-style-type: none">• 4 jam	<ul style="list-style-type: none">• Interactive Presentation, Q/A, Coaching Demo, Coaching Practice 3
Unit Kompetensi 4: Memfasilitasi Pembelajaran & Pencapaian Hasil	<ul style="list-style-type: none">• Membangun Kesadaran• Merancang Tindakan• Melakukan Perencanaan & Penetapan Tujuan• Mengelola Kemajuan & Akuntabilitas	<ul style="list-style-type: none">• 4 jam	<ul style="list-style-type: none">• Interactive Presentation, Q/A & Coaching Practice 4

TERIMA KASIH



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